

SINGLE-SORT RECYCLING

Is this recycling system better for the environment?

YES! Instead of separating recyclables by type, simply combine all glass, metal, paper, cardboard, and plastics into one recycling container. *And now, all plastics #1 through 7 are included, too!*

Just put all your recyclables in one CLEAR OR SEMI-TRANSPARENT bag and all your trash in another. It couldn't be easier. Every ton recycled is one less ton in the waste stream, and national statistics show that single-sort recycling systems result in more recycling because it's **simple** and no sorting.

For every pound of waste you recycle, the town saves on the disposal fee (.29 a ton) and depending upon the markets, even makes money selling the recyclables.



NOT Included In Single-Sort

These items should not be mixed in with your recyclables but can be disposed of at the Transfer Station. Please see attendant (s) for assistance.

Button-cell Batteries
Rechargeable Batteries
CFL Light Bulbs
Florescent Bulbs of Any Kind

Where can Hazardous Waste be disposed?

By Law, **Hazardous Waste** Requires Special Handling and Disposal.

Items categorized as "hazardous waste" must be disposed of carefully and cannot be included with your trash or with single-sort recycling.

Hazardous Waste Includes Items Such As:

Ammunition Fuel Anti-freeze Oxygen Tanks
Chemicals Fertilizers Paint thinner Pesticides
Mercury (in any amount)

Poland Residents can dispose of their Household Hazardous Waste at the Lewiston Solid Waste Facility on the 1st & 3rd Saturdays of the month from 8AM - NOON

SINGLE-SORT RECYCLING QUICK GUIDE



DO RECYCLE

PAPER, PLASTIC, METAL, AND GLASS CAN ALL BE MIXED TOGETHER.

PAPER

Newspapers & Inserts
Magazines
Mail & Catalogs
Paper Bags
Office Paper & Envelopes
File Folders
Wrapping Paper
Phone Books
Hard Cover Books
Paper Plates
Milk & Juice Cartons
Drink Boxes & Aseptic Containers
Cardboard Boxes
Cereal Boxes
Gift Boxes
Pizza Boxes

PLASTIC

Water Bottles
Milk Jugs
Detergent Bottles
All containers marked with a #1-#7 **Not bigger than a 5 gallon pail** (No Styrofoam)
Plastic Grocery/ Shopping Bags marked with a #2 or #4

METAL

Tin Cans
Aerosol Cans (empty)
Aluminum Cans/Foil
Pots & Pans

GLASS

All glass Bottles & Jars (all colors)

ALL CONTAINERS SHOULD BE EMPTY.



DON'T RECYCLE

Batteries, alkaline
Bubble-wrap
Clothing & shoes
Diapers
Envelopes that are plastic or Tyvek®
Food (but you can compost it!)
Hazardous Waste *
Kitty litter
Knives
Light bulbs, incandescent (trash), compact fluorescent
light bulbs (return to store)
Needles & sharp objects
Paper napkins
Paper towels
Plastic bags:
 bread bags
 frozen vegetable
 snack/sandwich
 trash bags
Plastic wrap or film
Potato chip bags
Propane cylinders
Ribbon & bows
Styrofoam® or polystyrene foam (even if marked #6)
Toys
Trash/waste
Vinyl (siding, bumper stickers, etc.)
Waxed boxes & paper
Wood

*** See additional information in this brochure.**

WHAT IS COMPOSTING?

What about food? We know food isn't recyclable, so what can you do with this garbage?

Food can be included with non-recyclable trash. But keep in mind that leftover food items weigh a lot more than most other items in your trash and that the Town pays its fee based on weight. We ask everyone to seriously consider composting. It isn't difficult or expensive and it doesn't have to have an odor, either.

ecomaine can give you information to help you get started. Go to:

www.ecomaine.org or give them a call at 773-1738

ecomaine
the future of regional waste systems



Every pound you recycle reduces the town's disposal bill.